|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | 1  See the source image  1:45 Matinee Movie  2:00 Euchre  3:00 Coffee & Chats | 2  9:15 Gentle Fitness  9:30 Shopping – Billings Bridge  9:30-12:00 Java & Jazz  10:00 Active Fitness  1:30 Exercise  3:00 Coffee & Debates  4:00 Trivia Challenge | 3  9:30 Jeopardy  11:00 Giant Crosswords  1:30 Euchre  1:45 Matinee Movie  3:00 Pass the Ace  3:30 Darts with Brian  4:00 Latin Chair Dancing  6:30 Pub & Games Night | 4  9:15 Gentle Fitness  9:30 Art Class  9:30 Shopping in Manotick  9:30 Current Affairs  10:00 Active Fitness  11:00 Brain Games  1:00 Exercise  1:30 Bingo  3:30 Karoke | 5  10:30 Bingo  1:15 Bridge  2:00 Matinee Movie  3:00 Afternoon Tea  6:30 Evening Movie  http://www.islandgirlwalkabout.com/wp-content/uploads/2014/07/beaver_cartoon.jpg |
| 6  8:15 & 10:00 Anglican Service at Saint James Church\*\*  9:00 Scrabble  1:45 Matinee Movie  3:00 Tea Social  See the source image | 7  9:00 Exercise  10:00 Chair Yoga  10:30 Knitting Circle  11:45 Lunch Swiss Chalet  1:30 Bingo  1:45 Matinee Movie  2:30 Euchre  3:30 Live Music  6:30 Movie Night | 8  9:30 Music & Movement National Ballet  10:00 Baking Bliss  11:00 Giant  Crosswords  1:45 Rosary &Gospel  3:00 Afternoon Tea  4:00 Bingo  6:30 Euchre | 9  9:00 Nails by Yasmin  9:15 Gentle Fitness  9:30 Shopping – Value Village  9:30-12:00 Java & Jazz  10:00 Active Fitness  1:30 Exercise  3:00 Book Club  4:00 Trivia Challenge | 10  9:30 Jeopardy  11:00 Giant Crosswords  1:30 Euchre  1:45 Matinee Movie  3:00 Pass the Ace  3:30 Darts with Brian  4:00 Latin Chair Dancing  6:30 Pub & Games Night | 11  9:15 Gentle Fitness  9:30 Art Class  9:30 Shopping in Manotick  9:30 Current Affairs  10:00 Active Fitness  11:00 Brain Games  1:00 Exercise  1:30 Bingo  3:30 Live Music | 12  10:00 Bingo  1:30 Bridge  1:45 Matinee Movie  2:00 Euchre  3:00 Afternoon Tea  6:30 Evening Movie  See the source image |
| 13  8:15 & 10:00 Anglican Service at Saint James Church  9:00 Scrabble  1:45 Matinee Movie  3:00 Afternoon Tea  See the source image | 14  9:00 Exercise  10:30 Knitting Circle  1:30 Looney Bingo  2:15 Euchre  3:30 Live Music  6:30 Movie Night | 15  9:30 Music & Movement – National Ballet  10:00 Baking Bliss  11:00 Giant Crosswords  1:45 Rosary & Gospel  2:00 Euchre  2:30 Town Hall Meeting  3:00 Afternoon Tea  4:00 Bingo | 16  9:15 Gentle Fitness  9:00-12:00 Java & Jazz  9:30 Shopping – Giant Tiger  10:00 Active Fitness  10:30 Red Dot Alert Presentation  10:00 Active Fitness  1:30 Euchre  3:00 Yoga Benefits  4:00 Trivia Challenge | 17  9:30 Jeopardy  11:00 Giant Crosswords  1:30 Euchre  1:45 Matinee Move  2:30 Hymn Singing  3:30 Darts with Brian  4:00 Latin Chair Dancing  6:30 Pub & Game Night | 18  9:15 Gentle Fitness  9:15 Art Class  9:30 Shopping in Manotick  9:30 Current Affairs  10:00 Active Fitness  11:00 Brain Games  1:00 Exercise  1:30 Community Bingo  2:15 Euchre  3:30 Live Music | 19  10:00 Bingo  1:30 Bridge  1:45 Matinee Movie  2:00 Euchre  3:00 Tea Time with Kay on the Piano  6:30 Evening Movie  See the source image |
| 20  8:15 & 10:00 Anglican Service at Saint James Church  9:00 Scrabble  1:45 Matinee Movie  3:00 Afternoon Tea & Chats  See the source image | 21  9:00 Exercise  10:00 Chair Yoga  10:30 Knitting Circle  1:30 Looney Bingo  2:15 Euchre  3:30 Live Music  6:30 Movie Night | 22  9:30 Music & Movement – National Ballet  10:00 Baking Bliss  11:00 Giant Crosswords  11:45 Lunch Miller’s Oven  1:45 Rosary & Gospel  2:00 Euchre (MGR)  3:00 Afternoon Tea  4:00 Bingo | 23  9:15 Gentle Fitness  9:00-12:00 Java & Jazz  9:30 Shopping – Kemptville  10:00-2:00 Walker Clinic  10:00 Active Fitness  2:00 Matinee Movie  2:00 Euchre  3:00 Travel to Hawaii  4:00 Tropical Luau | 24  9:30 Wheel of Fortune  10:00 Ecumenical Service  11:00 Giant Crosswords  1:30 Euchre  1:45 Matinee Movie  2:30 Pass the Ace  3:30 Darts with Brian  4:00 Latin Chair Dancing  6:30 Pub & Games Night | 25  **Robbie Burns Day**  9:15 Gentle Fitness  9:15 Art Class  9:30 Current Affairs  10:00 Active Fit  11:00 Brain Games  1:00 Exercise  1:30 Bingo  3:30 January Birthday Party  5:00 Scottish Dinner Celebration | 26  10:30 Bingo  1:30 Bridge  1:45 Matinee Movie  2:00 Euchre  3:00 Tea Social  See the source image |
| 27  8:15 & 10:00 Anglican Service at Saint James Church  9:00 Scrabble  1:00 Rideau Carleton Raceway  1:45 Matinee Movie  3:00 Afternoon Tea  See the source image | 28  9:00 Exercise  10:30 Knitting Circle  1:30 Looney Bingo  2:15 Euchre  3:30 Live Music  6:30 Movie Night | 29  9:30 Music & Movement - National Ballet  10:00 Baking Bliss  11:00 Giant Crosswords  1:15 Bridge Tournament  1:45 Rosary & Gospel  2:00 Euchre  3:00 Afternoon Tea  4:00 Bingo | 30  9:15 Gentle Fitness  9:00-12:00 Java & Jazz  9:30 Shopping – Carlingwood Mall  10:00 Active Fitness  2:00 Matinee Movie  2:00 Euchre  3:00 Health Talk on Depression  4:00 Wine & Cheese Social | 31  9:30 Wheel of Fortune  11:00 Giant Crosswords  1:30 Euchre  1:45 Matinee Movie  2:30 Pass the Ace  3:30 Darts with Brian  4:00 Latin Chair Dancing  6:30 Pub & Games Night | January 30 is  https://cdn.iphoneincanada.ca/wp-content/uploads/2018/12/bell-lets-talk-logo-992x595.jpg  Help support Mental Health | Physiotherapy available on site – lower level |



Need Transportation?

Contact ROSSS – Rural Ottawa South Support Services at **613-692-4697**

Outings highlighted in GREEN are on Manotick Place’s shuttle bus. Sign up at Reception.